

Free Workshops for Parents/Carers Summer Holidays '26

From the **SEND Mental Health Support Team**
(SEND MHST)



- Below are links to sign up to virtual workshops for parents/carers, run by the SEND MHST.
- All parents and carers are welcome to join these workshops, regardless of whether or not your child has a recognised SEND need as our workshops include practical advice and adaptable strategies for all children and young people
 - With the exception of 'Preparing your SEND child to go back to school after the summer holiday' which is specifically aimed at SEND families.
- Please chat with your school, or email hct.mhst@nhs.net if you have any questions.

Tues 28th July, 11am-12pm	Supporting your child with structure over the holidays https://www.eventbrite.co.uk/e/supporting-your-child-with-structure-over-the-holidays-tickets-1991461413697?aff=oddtcreator	
Thurs 6th Aug, 12-1pm	Supporting your child to come away from fun activities https://www.eventbrite.co.uk/e/supporting-your-child-come-away-from-fun-activities-tickets-1991456548144?aff=oddtcreator	
Thurs 6th Aug, 12.30- 1.30pm	Supporting your child with everyday requests and expectations https://www.eventbrite.co.uk/e/supporting-your-child-with-everyday-requests-and-expectations-tickets-1991763129136?aff=oddtcreator	
Tues 18th Aug, 10.30 – 11.30am	Supporting a Smooth Start to Secondary School https://www.eventbrite.co.uk/e/supporting-a-smooth-start-to-secondary-school-tickets-1991763652702?aff=oddtcreator	
Tues 18th Aug, 11.30am – 1pm	Preparing your SEND child to go back to school after the summer holiday https://www.eventbrite.co.uk/e/preparing-your-send-child-to-go-back-to-school-after-the-summer-holiday-tickets-1991759326763?aff=oddtcreator	
Weds 19th Aug, 3-4pm	Supporting your child come away from fun activities <i>This is a repeat of the 6th August workshop</i> https://www.eventbrite.co.uk/e/supporting-your-child-come-away-from-fun-activities-tickets-1991458533081?aff=oddtcreator	
Thurs 27th Aug, 2-4pm	Preparing your child to go back to school after the summer holiday https://www.eventbrite.co.uk/e/preparing-your-child-to-go-back-to-school-after-the-summer-holiday-tickets-1991760376904?aff=oddtcreator	

