



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Ball Skills : Unit 1	Games : Unit 1 Sports Day preparation
Year 1	Fundamentals Ball Skills	Gymnastics Sending and Receiving	Dance Target Games	Yoga Invasion Games	Team Building Striking and Fielding Games	Athletics Net and Wall Games
Year 2	Fundamentals Ball Skills	Dance Invasion Games	Gymnastics Fitness	Target Games Sending and Receiving	Team Building Striking and Fielding Games	Athletics Net and Wall Games
Year 3	Fundamentals Y3/4 Dance	Ball Skills Y3/4 Gymnastics	Dance OAA	Tennis Basketball	Golf Handball	Athletics Cricket
Year 4	Hockey Tennis	Dance Football	Gymnastics Rugby	Netball OAA	Dodgeball Swimming	Athletics Rounders
Year 5	Basketball Gymnastics	Dodgeball Dance	Handball Yoga	Dance OAA	Tennis Swimming	Athletics Cricket
Year 6	Hockey Tennis	Dance Football	Gymnastics Rugby	Fitness Netball	OAA Rounders	Athletics Golf